



Installation instructions

Alpha Q ProLite seat posts

Congratulations on your purchase of the Alpha Q ProLite seat post. The unique design of the post will provide you with many miles of increased comfort when installed properly. Follow all instructions carefully. Incorrect installation can lead to damage of the post or bike frame possibly resulting in failure and injury. If you are in any doubt, have the installation carried out by a qualified bike mechanic. Follow all instructions below. Incorrect installation can lead to damage of the post or bike frame possibly resulting in failure of one or more components.

Installation instructions:

- 1) Loosen seat tube binder bolt/clamp of the bicycle frame
- 2) Clean the inside of the seat tube with mild detergent or solvent to remove any grease and dirt that may be inside. This will prevent slippage. Use of assembly paste (Finish Line, Pedros, and Park sell small tubes of it) is recommended to increase the grip of mating parts at low clamping pressure.
- 3) Insert post in frame to desired position and tighten the frame's seat tube binder bolt/clamp in ¼ turn increments until the post is gripped firmly
- 4) Loosen the saddle clamp assembly with a hex wrench (aka allen wrench)
- 5) Insert saddle rails in the rail groves of the saddle clamp.
- 6) Make fore/aft and tilt adjustments to the saddle to the desired position. Turning the dial clockwise will lower the nose of the saddle (tilt down). Turning counterclockwise will raise the nose of the saddle (tilt up)
- 7) Secure the saddle in place by tightening the rear saddle clamp bolt with a torque wrench to 4-8 n-m until snug.

Features:

- Multi-layer carbon shaft provides the optimal stiffness and strength and dampens vibration before it reaches the saddle
- Carbon Rooting technology ensures the strongest link between the shaft and the clamp of the post in an integrated one-piece molded design.
- Saddle adjustments are made easily and accurately with the dial adjustment and locked in place with a single bolt in the rear of the clamp.
- Light weight : 160 grams (270mm size), 190g (350mm size)
- Approved for on and off-road use except downhill riding and stunt riding.

Cautions:

- Do not ride with the post extended beyond the minimum insertion mark.
- Inspect the post for scratches or cracks before each ride. These are possible signs of a damaged seat post. Do not use a damaged post.

Consult your dealer or contact Alpha Q through the web site.

www.alphaqbike.com



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Installation instructions:

- 8) Loosen seat tube binder bolt/clamp of the bicycle frame
- 9) Clean the inside of the seat tube with mild detergent or solvent to remove any grease and dirt that may be inside. This will prevent slippage. Use of assembly paste (Finish Line, Pedros, and Park sell small tubes of it) is recommended to increase the grip of mating parts at low clamping pressure.
- 10) Insert post in frame to desired position and tighten the frame's seat tube binder bolt/clamp in ¼ turn increments until the post is gripped firmly
- 11) Loosen the saddle clamp assembly with a hex wrench (aka allen wrench)
- 12) Insert saddle rails in the rail groves of the saddle clamp.
- 13) Make fore/aft and tilt adjustments to the saddle to the desired position. Turning the dial clockwise will lower the nose of the saddle (tilt down). Turning counterclockwise will raise the nose of the saddle (tilt up)
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